

THE LAUGHING COW® VEGETABLES TIAN

- DISH -

For 4 people

Preparation time: 20 min

Baking time: 25 min

Ingredients

- 1 eggroll
- 1 zucchini
- 2 tomatoes
- 1 red pepper
- 1 garlic clove
- Olive oil
- 4 portions Laughing Cow
- 1 teaspoon of honey
- Thyme, salt, pepper

Method

- 1 Preheat oven to 200°C.
- 2 Wash vegetables, cut into thin strips and chop garlic finely
- 3 In ramekins or in a appropriate dish, display harmoniously vegetables strips and season with salt, pepper, thyme, olive oil and garlic.
- 4 Bake for 25/30 min according to the vegetables cooking
- 5 Prepare the Laughing Cow-honey sauce, diluted with some water if needed, spray on the vegetables tian.

To eat hot or warm

A summer recipe which will garnish your barbecues !

